

34 mile loop

Turn	Road/Street	Elapsed miles
L	Start, Pisgah Church Rd.	0
L	Martinsville Rd.	0.3
L	Lawndale Ave.	0.5
L	Cotswold Ave.	2.1
R	Old Battleground Rd.	2.9
Straight cross	Battleground Ave./ US 220	4.3
becomes	Horsepen Creek Rd.	
R	Carlson Dairy Rd.	5.1
cross	Lake Higgins	6.0
L	Pleasant Ridge Rd.	7.0
R	Stanley Huff Rd.	7.2
L	Bunch Rd.	8.4
L	Oak Ridge Rd./ NC 150	11.9
pass	Oak Ridge Military Academy	12.1
Straight cross	NC 68	13.0
R	Linville Rd.	13.4
R	Haw River Rd.	15.5
R	W. Harrell Rd.	16.4
R	NC 68 (zig zag across)	17.9
L	E. Harrell Rd.	17.9
L	Oak Ridge Rd./ NC 150	19.3
Straight cross	US 220, becomes Scalesville Rd	22.9
R	Lake Brandt Rd.	25.6
Straight cross	NC 150	28.1
pass	Dam, Lake Brandt	30.2
R	Martinsville Rd	34.0
R	Pisgah Church Rd.	34.1
R	Forest Lawn Dr. <i>FINISHED!</i>	34.5

23 mile loop

Turn	Road/Street	Elapsed miles
L	Start, Pisgah Church Rd.	0
L	Martinsville Rd.	0.3
L	Lawndale Ave.	0.5
L	Cotswold Ave.	2.1
R	Old Battleground Rd.	2.9
cross	Battleground Ave./ US 220	4.3
becomes	Horsepen Creek Rd.	
R	Carlson Dairy Rd.	5.1
cross	Lake Higgins	6.0
L	Pleasant Ridge Rd.	7.0
R	Stanley Huff Rd.	7.2
R	Bunch Rd.	8.4
L	Pleasant Ridge Rd.	9.6
L	Summerfield Rd.	10.7
R	Oak Ridge Rd / NC 150	11.4
Straight cross	US 220, becomes Scalesville Rd	11.5
R	Lake Brandt Rd.	14.2
Straight cross	NC 150	16.7
pass	Dam, Lake Brandt	18.7
R	Martinsville Rd	22.5
R	Pisgah Church Rd.	22.6
R	Forest Lawn Dr. <i>FINISHED!</i>	23.0

Please observe traffic laws as apply to all vehicles:

- Stay to the right as far is safe and practical.
- Because bicyclists are "slow moving traffic", please follow the law & YIELD to other traffic.
- Do not impede traffic.
- Ride single file whenever motor vehicles are near.
- Obey all stop signs and traffic signals.

In the case of an emergency, Call 911